

What Others Are Saying

“ Synthetic oils, because of their better properties, need to be changed less often, at intervals up to 25,000 miles or more. In the end, the best advice on the type of oil to use and the frequency of oil changes is to follow the manufacturer’s recommendation in your car owner’s manual.”

– Steve Ritter, in Chemical & Engineering News, March 13, 2006

“ Most major automakers agree: The adage that you should change your car’s oil every 3,000 miles is outdated, and even 5,000 miles may be too often.”

– Tom Krisher, Associated Press, in the Deseret News, March 26, 2007

“ I remember getting my first car (a hand-me-down) and how my father kept telling me how important it was to change the oil every 3,000 miles. A lot has changed since then. Today’s oil is much better, and it can last a lot longer.”

– Herb Weisbaum, MSNBC ConsumerMan, April 17, 2006

“ Conventional wisdom holds that change intervals should be limited to a maximum of three months or 3,000 miles, but that is something of a misnomer. Actually, most manufacturers recommend oil change intervals of 7,500 miles or once-a-year under normal operating conditions or 3,000 miles/3-months under severe operating conditions. And in Europe it’s not uncommon to see oil changes exceeding 10,000 miles.”

– Christine and Scott Gable, About.com